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## **News Release**

## Safe Kids Day Is Saturday, May 19th, In Davis County

(Farmington, Utah) – Safe Kids Davis County is helping families get ready for summer by highlighting health and safety during the 18th Annual Safe Kids Day on Saturday, May 19, 10 a.m.-2 p.m., at the Davis County Legacy Events Center Arena (151 South 1100 West, Farmington).

Safe Kids Davis County is an organization dedicated to preventing injuries in children from birth to age nineteen. Preventable injuries are the #1 killer of kids in the U.S. and millions of children are injured in ways that can affect families and the entire community for a lifetime.

"Safe Kids Day is a time to celebrate kids and a great opportunity for people to learn how to prevent injuries and then take steps to keep their kids safe," said Kellie Farr, Injury Prevention Coordinator at the Davis County Health Department and Safe Kids Davis County Coalition Coordinator. "The important thing to remember about preventable injuries is they are preventable. That's why this free event provides interactive safety and health related booths and activities for the whole family to learn about injury prevention and how to reduce risks at home, at play, and during transportation."

"Safe Kids Day has one simple, but critical goal: working together as a community to raise awareness about preventable injuries so kids can grow up to do all the great things kids were meant to do," said Brian Hatch, director of the county health department.

"As part of the Safe Kids Day activities, Davis HELPS also will observe Children's Mental Health Awareness Day by providing fun activities to promote children's mental health and suicide prevention," said Amy Mikkelsen, Suicide Prevention Coordinator for the health department. "Parents and caregivers are encouraged to come for lots of great information on how to keep their kids active, healthy and safe, as well as the interactive games," Mikkelsen said.

The event will feature Davis Hospital's inflatable slide, Wee Care Pediatrics' Healthy Hero Camp obstacle course, Intermountain LiVe Well jump rope team, and much more. There will be 300 children's bike helmets given away at 10 a.m. (one helmet per child – line starts at 9:30 a.m., first come, first serve) sponsored by Intermountain Layton Hospital. Also, participants can enter prize drawings held throughout the event.

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Gold sponsors for Safe Kids Davis County include Intermountain Layton Hospital, Davis Hospital and Medical Center, Wee Care Pediatrics, Ogden Clinic, and Kids Out and About.

For more information about the Safe Kids Day, please call (801) 525-5177.

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